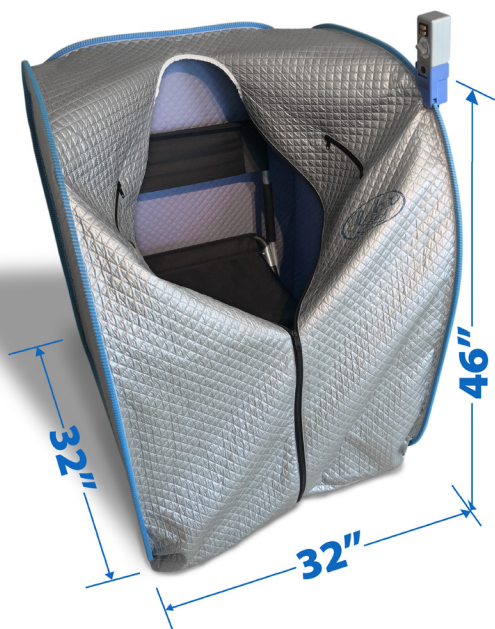


Relax Far-Infrared Sauna



1500W radiators contain 40 Relax® Ceramic Semi-conductors to control the temperature automatically, generating 100% pure Far Infrared Energy. Most infrared saunas only generate 20-60% FIR Energy.

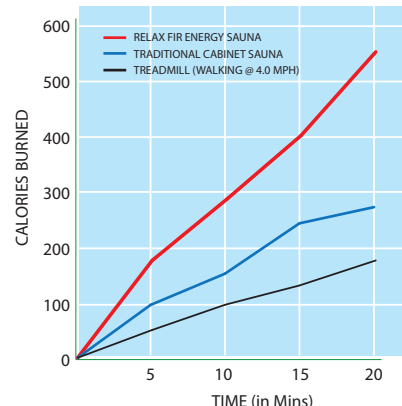
- Small, lightweight, & portable
- Saves time - no pre-heating
- Improves blood circulation
- Promotes cellular renewal
- Increases metabolism
- Burns calories without exercise

Saunas have been a way of life in Finland, where they were invented, for over 2000 years. Recently a new wave of infrared saunas use light to create heat energy. While traditional saunas use heat to warm the air, which in turn warms your body, a far-infrared sauna heats your body directly without warming the air around you.

Studies have shown the effectiveness of using far-infrared saunas in the treatment of chronic health problems, such as high blood pressure, congestive heart failure, dementia and Alzheimer's disease, headache, type 2 diabetes and rheumatoid arthritis.¹

The heat generated by a far-infrared sauna causes your core temperature to increase, which leads to an increased heart rate — the same increase in heart rate that you experience when exercising. When your body has to work harder to lower your temperature, your body will burn more calories, resulting in weight loss.

A 30-minute far-infrared sauna session could burn roughly 600 calories.²



The RELAX Sauna is the ONLY Portable Professional Sauna that generates 100% safe and absorbable Pure Far Infrared energy. Each RELAX Sauna comes with a One-Year Unlimited Warranty, priced at \$1400.00 per unit.



*"The appeal of saunas in general is that they cause reactions similar to those elicited by moderate exercise, such as vigorous sweating and increased heart rate. An infrared sauna produces these results at lower temperatures than does a regular sauna, which makes it accessible to people who can't tolerate the heat of a conventional sauna."*¹

— Brent A. Bauer, MD. Mayo Clinic

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1. Brent A. Bauer, MD., Mayo Clinic: <https://www.mayoclinic.org/healthy-lifestyle/consumer-health/expert-answers/infrared-sauna/faq-20057954>
2. "Effect of Sweating", Ward Dean, MC. JAMA. 1981;246(6):623. doi:10.1001/jama.1981.03320060027013